Symphony of Health connections

Echocardiogram Patient Information and Preparation Instructions

Test information:

An Echocardiogram, also known as Echo or heart ultrasound, uses sound waves to create pictures of the heart. It is a tool that assesses the heart and the surrounding tissues for structural abnormalities and other heart conditions. It shows the flow of blood through the heart chambers and heart valves.

This test should take about an hour. See more information.

Please review the following information to allow for appropriate testing:

- Arrive 15 minutes ahead of your scheduled appointment to allow for preparation.
- No lotions, powder, or body oils on your chest area.
- You can eat and drink as normal.
- Please wear comfortable clothes for the test.

Your test results:

Your test results will be communicated with your referring health care provider and/or family physician **within 5-10 business days**. Please contact them to discuss. If any **Urgent or Critical** results are found, a Symphony of Health Connections team member will contact you. Should your test result require urgent consultation/assessment/treatment, we will try to expedite that for you as possible in coordination with your referring provider/family physician to minimize your concerns.

If your results are **Normal or Stable** and were ordered by Symphony of Health Connections, our team will review them with you by letter, phone call, text if available, or at your next scheduled follow-up appointment.

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